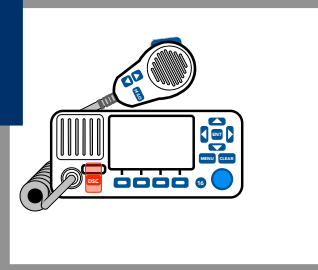
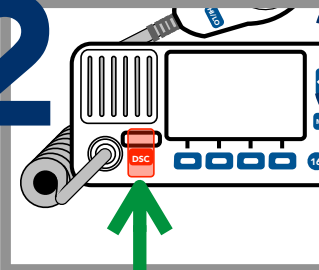
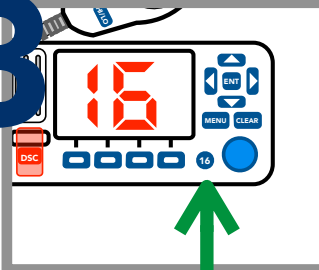
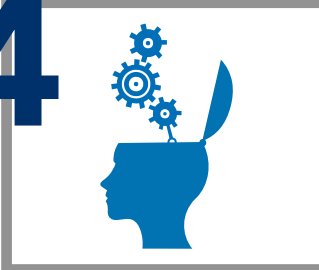
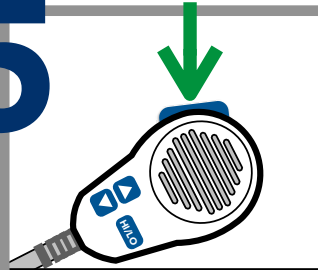







VHF DISTRESS PROCEDURE

DISTRESS = GRAVE & IMMINENT DANGER

- 1  **TURN ON**
- 2  **OPEN & PRESS**
- 3  **SWITCH TO 16**
- 4  **THINK**
- 5  **PRESS & HOLD**
- 6  **SPEAK**
- 7  **15 sec LISTEN**
- 8  **REPEAT**

MAYDAY, MAYDAY, MAYDAY.

THIS IS YACHT..... YACHT..... YACHT.....

MY MMSI IS

MAYDAY, YACHT..... (CALL SIGN)

MY POSITION IS ...° ' N/S & ...° ' E/W
FOR EXAMPLE: 01° 23,4' N 001° 23,4' W

NATURE OF DISTRESS

IMMEDIATE ASSISTANCE REQUIRED

WE HAVE # OF PEOPLE ON BOARD

ANY OTHER USEFUL INFORMATION

OVER